



# ACTIVITIES CALENDAR

May 2018



PGA CATALUNYA  
RESORT



<p><b>PILATES / YOGA</b></p> <p>Focus on centering your thoughts and stretching your body. Connecting mind and body.</p> <p>€ 15 Hotel Camiral Gym</p>	<p><b>SPINNING</b></p> <p>Static bike session with pace changes along with by motivating music.</p> <p>€ 15 Hotel Camiral Gym</p>	<p><b>RUNNING</b></p> <p>Enjoy the natural environment and meet people with your same passion in the PGA running events. The main objective is to have fun so we will go all at the same pace.</p> <p>Complimentary Hotel Camiral entrance</p>	<p><b>BIKE TOUR</b></p> <p>Discover by bike the local surroundings with a local guide.</p> <p>€ 20 Hotel Camiral Entrance</p>
<p><b>PADDLE/TENNIS CAMP</b></p> <p>Do you want to improve your skills? Our coaches from PGA Catalunya Resort Tennis Academy will help you to perfect your game.</p> <p>Session € 20 PGA Paddle/Tennis Courts</p>	<p><b>"GIRONA, TEMPS DE FLORS" GUIDED TOUR</b></p> <p>This is the most famous festival in Girona. Enjoy this flower festival walking around the city with a local guide who will show you the most interesting points of the city decorated with flowers. After the visit, enjoy a special flower menu at the restaurants of the Resort.</p> <p>€ 15 Punt de Benvinguda (Transfer to Girona not included)</p>	<p><b>FISHING</b></p> <p>Learn how to catch and release the fish and discover the best techniques to land one of the local fish we have in the resort.</p> <p>€ 15 Fishing Pier</p>	<p><b>NATURE WALKING</b></p> <p>Discover the surroundings in the middle of the nature, in the mountain or by the sea. Walk and feel the nature, listen to the silence. Just connect with yourself while you are walking in the middle of no where.</p> <p>€ 15 Hotel Camiral entrance</p>
<p><b>PGA HONEY BEES</b></p> <p>The flowers at the Resort give flavour to our fantastic local honey. Discover the secrets of the bees that produce it.</p> <p>€ 15 Hotel Camiral entrance</p>	<p><b>PGA TORTOISES</b></p> <p>We will take care of them taking measurements to check on their health and we will observe them,</p> <p>Complimentary Hotel Camiral entrance</p>	<p><b>PGA INSECTS</b></p> <p>There is a fascinating miniature world waiting to be discovered. Insects are very important for our ecosystem and we will learn a little about them.</p> <p>Complimentary Kitchen Garden</p>	<p><b>PGA FLOWERS</b></p> <p>Discover the interesting flower world at the Resort and its use and purpose.</p> <p>Complimentary Kitchen Garden</p>
<p><b>LIKE A FARMER</b></p> <p>Enjoy the healthiest vegetables and learn the most ecological techniques with our biologist at the organic garden. Collect the vegetables to prepare your own picnic.</p> <p>€ 15 Kitchen Garden</p>	<p><b>WINE TASTING</b></p> <p>Discover the world of wine with local regional.</p> <p>Complimentary Club House Garden</p>	<p><b>ITALIAN WEEKEND</b></p> <p>Discover the fascinated italian gastronomy with Domenic d'Agostino</p> <p>Showcooking € 35 / Showcooking and Dinner € 49 Italian Dinner with Music € 65 Hotel Camiral</p>	<p><b>GASTRONOMY &amp; MUSIC</b></p> <p>Enjoy a magic dinner with wine pairing and pop &amp; soul music by Sara Terraza</p> <p>€ 65 Restaurant 1477</p>
<p><b>GIRONA FLAVOURS TOUR</b></p> <p>This morning tour will allow you to enjoy and discover local food, wine and the history behind the Catalan Mediterranean culture day to day life!</p> <p>€ 69 Girona Plaça Catalunya (Transfer to Girona not included)</p>	<p><b>LADIES GOLF LESSONS &amp; LADIES GOLF DAY</b></p> <p>Exclusive golf activity for womens. Have a great time learning and enjoying golf with your friends. Every wednesday, funny competition only for womens. Residents and Members only.</p> <p>€ 10 Driving Range</p>	<p><b>GOLF ACADEMY</b></p> <p>Led by head pro Enric López, our team of instructors has all the theoretical knowledge as well as the best equipment and facilities to teach you how to play golf.</p> <p>Golf Academy Baby - 15,00€/pax / Golf Discovery - 20,00€/pax Golf Competition - 25,00€/pax Driving Range</p>	<p><b>FOREST PARK</b></p> <p>Hidden amid the woodland on PGA, this exciting forest adventure features adrenaline pumping zip lines and wooden bridges.</p> <p>€ 15 Kids / € 25 Adults Forest Park</p>